

September 2026 - Breakfast

Meal pattern for breakfast includes fruits (or vegetables), whole grain-rich foods and/or meats/meat alternatives and milk.

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Biscuit and sausage, cereal, fruit and milk	2 Cereal bar, oatmeal, toast, fruit and milk	3 Yogurt, muffin, cereal, fruit and milk	4 Egg sand, cereal, fruit and milk	5 Yogurt, cereal Fruit and milk
6 Bagel WG, waffle, fruit and milk	7 Pancake stick, muffin, fruit, juice and milk	8 Breakfast egg and cheese sand, fruit and milk	9 Yogurt, muffin, cereal, fruit and milk	10 Cereal, cheese stick, french toast, fruit and milk	11 Scrambled egg wrap, muffin, fruit, juice and milk	12 Donut ring, fruit and milk
13 Cereal bar, oatmeal, toast, fruit and milk	14 Biscuit and sausage, cereal, fruit and milk	15 Scrambled eggs, uncrustable, fruit and milk	16 Turkey bacon, cinn roll, fruit and milk	17 Cereal, cheese stick, french toast, fruit and milk	18 Cereal, fruit and milk	19 Yogurt, bagel, muffin, fruit and milk
20 Bagel, mini waffle bites, fruit and milk	21 Pancake stick, muffin, fruit, juice and milk	22 Egg sand, cereal, fruit and milk	23 Breakfast stick, muffin, juice and milk	24 Egg wrap, cereal, fruit and milk	25 Yogurt, muffin, cereal, fruit and milk	26 Yogurt, bagel, fruit and milk
27 Bagel, whole wheat, fruit and milk	28 Breakfast pizza, apple frudel, fruit and milk	29 Breafast stick, fruit, juice and milk	30 Scrambled egg wrap, muffin, fruit, juice and milk			

September 2026 - Lunch

Offer vs serve. Must choose 3 out of 5 including a fruit and vegetable.

SUN	MON	TUE	WED	THU	FRI	SAT
		1. Chicken patty, vegetable, fruit and milk	2 Cheese calzone, veggies, fruit and milk	3 Porcupine slider, vegetable, fruit and milk	4 Turkey dog, vegetables, fruit and milk	5 Salisbury steak, vegetable, roll, fruit and milk
6 Beef chili w/ beans, roll, vegetables, fruit and milk	7 Porcupine slider, vegetable, fruit and milk	8 Pizza, chicken, brownies, vegetables, fruit and milk	9 Baked pollock sticks, wheat bun, vegetables, fruit and milk	10 Chicken strips, brown rice, vegetables, fruit and milk	11 Fish sandwich, side salad, vegetables, fruit and milk	12 Turkey dog, vegetables, fruit and milk
13 Chicken tenders, roll, vegetable, fruit and milk	14 Porcupine slider, vegetables, fruit and milk	15 Salisbury steak, vegetables, fruit and milk	16 Pizza WG, vegetables, brownies, fruit and milk	17 Spiral pasta w/ meat sauce, vegetable, fruit and milk	18 Chicken patty, soft pretzel, vegetables, fruit and milk	19 Salisbury steak, roll, vegetables, fruit and milk
20 Beef chili w/ beans, roll, vegetable, fruit and milk	21 Porcupin slider, vegetables, fruit and milk	22. Pizza, chicken, brownies, vegetables, fruit and milk	23. Baked pollack sticks, wheat buns, vegetables, fruit and milk	24 Chicken strips, brown rice, vegetables, fruit and milk	25. Fish sandwich, side salad, vegetables, fruit and milk	26. Hamburger w/bun, vegetables, fruit and milk
27 Mac n cheese, bread stick, vegetable, fruit and milk	28 Chicken patty, vegetable, fruit and milk	29. Cheese calzone, veggies, fruit and milk	30 Chicken strips, brown rice, vegetables, fruit and milk			